Congratulations to everyone who was involved in the Book Week celebrations. The parade last Tuesday was very successful with hundreds of children dressing up as space themed characters. I’m glad I wasn’t one of the judges as there were a lot of very creative costumes. Well done to the parents and teachers who also participated, you are wonderful role models. Thank you Mrs Small and the Book Week committee for organising this event.

Zone Sport

I was able to visit the Crest Athletics Field last Thursday and I was very impressed with the children who represented our school at the Liverpool Zone Athletics carnival. Wonderful sportsmanship and team spirit was displayed throughout the day. Miss Amiet told me that the students’ behaviour was outstanding as they waited very patiently in the grand stand for their events. A full report is later in this newsletter. Well done girls and boys.

Five ways to a healthy lifestyle

Have you browsed the Healthy Kids website yet? It’s full of great information to get kids active and help prevent childhood obesity. All kids can benefit from the five healthy messages:

1. Get active each day;
2. Choose water as a drink;
3. Eat more fruit and vegetables;
4. Eat fewer snacks and select healthier alternatives; and
5. Turn off the TV or computer and get active.

The website has fact sheets for families to download which have been designed specifically for children. It includes sound advice on assessing a child’s weight status and on safe ways to work towards a healthy weight. There are also easy, healthy recipes to download, info to help you find your local sporting clubs, and a section especially for teens. Check it out at: www.healthykids.nsw.gov.au

Greg Way
Principal
Book Week 2013
PSSA
Round 9 played on the 16th August with the following results:

**Boys Soccer**
- Junior A – lost 5-0  
- Senior – lost 3-0

**Girls Soccer**
- Junior A – won 1-0  
- Senior – lost 7-0

**Netball**
- Junior A – won 8-0  
- Junior A – won 13-9

Round 10, 23rd August

**Boys Soccer**
- Junior A – drew 2-2  
- Senior – lost 2-1

**Girls Soccer**
- Junior A – won 2-0  
- Senior – lost 0-6

**Netball**
- Junior A – lost 4-3  
- Senior – won 19-1

Netball games are at Woodward Park and the last round of soccer on 30th August will be at Phillips Park, Hill Road, Lurnea.

Assembly Items
Each week a class performs at the school assemblies. Listed below are the future items.

<table>
<thead>
<tr>
<th>Week</th>
<th>Class</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 – 30th Aug</td>
<td>K-2</td>
<td>10am – 11.15am</td>
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<tr>
<td></td>
<td>3-6</td>
<td>SH</td>
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<tr>
<td>8 – 6th Sept</td>
<td>K-2</td>
<td>10am – 11.15am</td>
</tr>
<tr>
<td></td>
<td>3-6</td>
<td>SO</td>
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</tbody>
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Sports and Special Photos
The group photos along with the order forms should be delivered next week. These will be available for viewing at the school office. The cost of these photos is $15 each for the first 2 photos ordered and $7.50 each photo thereafter.

Scholastic Book Club
Parents are able to purchase books from the Scholastic book club which is issued twice a term. Our school receives points from these orders to purchase resources for our school. Orders may be returned to the office up to one week from date of issue of the brochures.

Hats
A reminder to parents that your child is required to wear a hat while at school every day. Teachers are currently monitoring students to ensure they are wearing a school hat. These hats are available from our school uniform room for the cost of $10. Remember no hat, shade play.

Wakakirri
WE ARE FINALISTS!! Congratulations to all the students who performed, the teachers who assisted, the students and parents who helped us along the way!! Without everyone's help we would not have been so successful!!

Our finals performance will be held Friday 20th September at the Sydney Sports Centre, Homebush at 7pm. Tickets are $36 each. You will need a ticket for each person (young or old) attending except for the performers. If you wish to purchase tickets please pay at the office by Tuesday 3rd September.

DVD’s of the heat show at the Riverside Theatre or the finals show are available for $39.50 each. Please pay and place your order at the office by 25th October 2013.

LAaFF
The Signing Choir, Junior Dance and Choir students will be performing at the Liverpool Arts & Film Festival (LAaFF) on Tuesday 10th September 2013 at 6pm. Do not miss out on buying a ticket to watch your child perform! Tickets are available from the office for $10. NO tickets can be bought on the night. Ticket sales will close on 30th August.

Foyer Display
Every week a class will showcase their classroom work in our foyer. Listed below are the classes for the coming weeks. Come in and see our wonderful display.

<table>
<thead>
<tr>
<th>Week</th>
<th>Class</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 &amp; 8</td>
<td>3A/H</td>
</tr>
<tr>
<td>9 &amp; 10</td>
<td>1J</td>
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Zone Athletics Carnival
On Thursday 22nd August, 42 eager students arrived at school at 7am and travelled by bus with Mrs Danne, Miss Friedewald and Miss Amiet to the Crest Athletics Field to represent our school in the Zone Athletics Carnival. It was a great day with some terrific sporting performances in both track and field. Due to time constraints, finals were unable to be run, so at this time we are unable to announce any place getters. Marsden Road students made us very proud with their fabulous manners and superb sportsmanship. Congratulations to all students who attended, but a special mention to Marcus Ponini who competed in 6 out of the 8 events run on the day.
Parent Café

Our Parent Café is held every Wednesday morning from 9.00am to 10.30am. All parents and carers are welcome to attend. Details of term 3 up and coming events are as follows.

**Playgroup**
The Mini Marsden’s Playgroup is holds 2 sessions.
- morning session: 9:00am – 10:30am
- afternoon session: 1:15pm – 2:45pm.

Below is an outline of what we’ll be doing in the term.

**Term 3 Calendar:**

<table>
<thead>
<tr>
<th>WEEK</th>
<th>DATE</th>
<th>WHAT’S ON</th>
</tr>
</thead>
<tbody>
<tr>
<td>8</td>
<td>Wednesday 4th Sept</td>
<td>9am Parent Café “Women’s Health Clinic” coming into talk</td>
</tr>
<tr>
<td>10</td>
<td>Wednesday 18th Sept</td>
<td>9am Parent Café “Women’s Health Clinic” coming into talk</td>
</tr>
</tbody>
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**Fruit & Veg Month**

Marsden Road is celebrating Fruit & Veg Month by completing the Gutsy Challenge…for more information about Fruit & Veg Month visit: [fruitandvegmonth.com.au](http://fruitandvegmonth.com.au)

There are lots of other prizes to be won for at home challenges.

**P & C Fathers’ Day Stall**

Tomorrow Thursday 29th September, the P & C will be holding a Fathers’ Day stall. Students will have the opportunity to buy gifts for their dads or special someone in their lives. Gifts are available up to $5

**P & C Meeting**

The next P & C meeting will be held at 3.15pm on Wednesday 11th September in the Parent Café.

**Volunteers required**

Our school uniform room is run by a small group of parents on Thursday mornings from 8.30am-9.30am. If you are able to offer your help weekly or fortnightly to keep this great service available to our school community please see Cindi in the uniform room.