VOLUME 55 ISSUE 3

Printing Newsletters
Thank you to all of the families that returned the note to make your choice on how you receive your future newsletters. This newsletter is the last one that we will be printing and sending home to all families. From the next edition we will only be printing hard copies for those families that have returned the note asking for the printed version. Those who have chosen via email or access from the school app or website, I thank you for your environmentally smart choice.

Meet the Teacher
This week many parents took the opportunity to meet with the teachers who will be working closely with their children this year. These meetings were a great opportunity for parents to speak with their child’s teacher and share information from the parent’s perspective. It was a chance to tell this year’s teacher anything that would be helpful to know so the child’s needs are best met. The teachers also spoke about the things that parents can do at home to support their child’s learning.

Thank you teachers for giving up your personal time to be at school until after 6pm and also to all the parents who were able to attend. If you missed this meeting please see your child’s teacher to arrange an appointment or leave a message at the office.

Going to High School?
Don’t forget that all students in year 6 this year need to nominate the high school they would like to attend next year. The forms to do this will be handed out next Tuesday 8th March at 6pm in our school hall.

We will be answering questions about the form and any other high school related questions at this meeting. It is essential that each student has a member of their family in attendance to receive the information and application form. There will be an Arabic translator on hand for those parents needing assistance.

Behaviour
Bullying is something that is not acceptable at our school (nor should be in the wider community). However, please note that most of the disagreements that happen at our school are NOT bullying, but are part of the process that children go through in learning how to be part of a group that is working together, learning the correct social skills in order to treat each other with respect and learning how to interact appropriately with each other.

We teach social skills in order to help ensure students follow our rules and learn to use acceptable behaviours. Unfortunately children are young and do sometimes “forget” the correct way to behave. When the teachers become aware of these inappropriate behaviours the children involved are talked with to get the complete details of the incident and then the appropriate action is taken by the teacher. This may mean a warning, time out from play, referral to a member of the school executive for Yellow Room or even suspension if the matter is of a very serious nature.

If you have any concerns with playground or classroom issues please talk to your child’s teacher first and then the stage Assistant Principal before going to Mr Way.

Greg Way - Principal

Coming Events for Term 1

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>8 March</td>
<td>Parent Information Evening Yr6</td>
</tr>
<tr>
<td>10 March</td>
<td>Selective High School Test</td>
</tr>
<tr>
<td>Weeks 6&amp;7</td>
<td>Learn to swim classes</td>
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</tbody>
</table>

Foyer Display
Every week a class will showcase their classroom work in our foyer. Listed below are the classes for the coming weeks. Come in and see our wonderful display.

<table>
<thead>
<tr>
<th>Week</th>
<th>Class</th>
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<tbody>
<tr>
<td>Weeks 6 &amp; 7</td>
<td>1/2A &amp; 4V</td>
</tr>
</tbody>
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Assembly
Assembly is held each Friday in the hall K-2 at 11.35am and Year 3-6 at 1.55pm. Class items will be held by students throughout the year and details will be provided in future newsletter issues.

<table>
<thead>
<tr>
<th>Week 6</th>
<th>Week 7</th>
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<tbody>
<tr>
<td>K-2</td>
<td>K-2</td>
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<tr>
<td>3-6</td>
<td>3-6</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Week 6</th>
<th>Week 7</th>
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<tbody>
<tr>
<td>1C</td>
<td>2S</td>
</tr>
<tr>
<td>SP</td>
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</tbody>
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Uniform Shop
Our uniform shop is open Thursday’s 8.30am to 9.30am.
Please come and see us.
PSSA
Softball
Girls MRPS 9-10 Hammondville PS
Boys MRPS 11 – 8 Dalmeny PS

Tee-Ball
Girls MRPS 9 – 18 Hammondville PS
Boys MRPS 11-7 Dalmeny PS

Newcombeball
Junior A Game 1 MRPS 1 – 1 MRPS B
Game 2 MPRS Forfeit
Junior B Game 2 MPRS 1 – 0 Wattle
Grove PS
Senior A Game 1 MRPS 2 – 0 MRPS B
Game 2 MRPS 1 – 0 Dalmeny PS
Senior B Game 2 MRPS 2 – 0 Wattle Grove PS

LIBRARY NOTICE

• All students who have not returned library books from last year are asked to return them this week please.
• The library really needs parent helpers who are able to cover new books with contact. We have a space for you to contact at school or you can take some home to do. Please come and see Mrs Sheppard if you are interested.

WHY SHOULD KIDS DO GO4FUN?

The program aims to improve the health of the child through the development of healthy lifestyle behaviours, as well as educating and positively effecting kids’ attitude to food and physical activity.

The program includes: nutritional information on food serving sizes and label reading, support and advice talking about weight and role modelling, personal improvement on physical activity and self-esteem as well as fun games incorporating fitness, movement skills and team building.

WHAT IS ABOVE HEALTHY WEIGHT?

Approximately 1 in 4* (27%) of children in NSW are overweight or obese. Kids who could be above a healthy weight include those that:

• Wear clothes sizes for an older age group
• Spend over two hours watching television (or using a computer) per day
• Are physically active for less than one hour per day
• Eat unbalanced meals, large portion sizes or more than one unhealthy snack per day.

*NSW Ministry of Health, The Health of Children and Young People in NSW, Report of the Chief Health Officer 2014
## Parent Café  Term 1 2016

<table>
<thead>
<tr>
<th>Week</th>
<th>Day</th>
<th>Date</th>
<th>What’s on</th>
</tr>
</thead>
<tbody>
<tr>
<td>6</td>
<td>Thursday</td>
<td>3 March</td>
<td>9:00-11:00am- Craft and Mindfulness Colouring</td>
</tr>
<tr>
<td>7</td>
<td>Thursday</td>
<td>10 March</td>
<td>9:00-11:00am- Parent Excursion Ferry from Parramatta to City. Lunch at Circular Quay.</td>
</tr>
<tr>
<td>8</td>
<td>Thursday</td>
<td>17 March</td>
<td>9:00-11:00am- Reading at Home with your Child</td>
</tr>
<tr>
<td>9</td>
<td>Thursday</td>
<td>24 March</td>
<td>9:00-11:00am- Cooking</td>
</tr>
<tr>
<td>10</td>
<td>Thursday</td>
<td>31 March</td>
<td>9:00-11:00am- Excursion to Bunnings</td>
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<tr>
<td>11</td>
<td>Thursday</td>
<td>7 April</td>
<td>9:00-11:00am-Coffee and Chat</td>
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Hi Everyone,

My name is Michelle and I am the Community Liaison Officer at Marsden Road Public school. I am at this beautiful school on Thursday and Fridays and have meet lots of parent at our school and have been enjoying working with parents at Marsden Road Public School.

If I have not met you, please feel free to say hello and have a chat.

Our community room is still as active as ever so come along and drop in to the Parents café on Thursday mornings for a cuppa and a snack. We have some interesting and exciting workshops booked in this term and I hope to see you all there.

Another exciting program we have is this term is our Bilingual Book Club which will be happening on Thursdays this will give parents an opportunity to come together borrow books to read to your children and then discuss in this group. The books that you will be able to borrow are in Arabic, Serbian, Farsi, Dari, Swahili, Hindu and Chinese. Looking forward to seeing you there, everyone is welcome!

**What: Bilingual Book Club**

**When:** Thursday 2.00pm-2.30pm Starting 25 February 2016

**Where:** Community Room

I am looking forward to seeing lots of parents attending the Book Club.

We will keep working together to achieve our goal of contributing to better student outcomes.

Thank you,

Michelle Zacherl
Based in Liverpool, our free support service enriches the lives of young people and provides them with physical, social and emotional support. Our drop in centre is packed with recreation, learning and development activities.

Currently open Monday and Wednesdays between 3:30pm and 8:30pm, our friendly qualified staffs are there to welcome young people who simply feel like dropping in or who want to access a diverse range of free activities including:

- Computer & Internet access
- Study and homework area
- Three basketball courts
- Pool table, foo’s and table-tennis
- Wii and Xbox
- Board games
- Mobile phone charging station
- Café and food
- Arts and craft area
- Chill out and reading areas
- Prizes and competition
- Free tutoring & legal advice
- Sport and recreation
- Culture activities
- Participation and leadership
- Safety, health and well-being
- Employment and education
- Information and referral services

For more information on all our programs please contact us:

Telephone: (02) 9821 4454 or 0420 582 650

Address: 110 Memorial Avenue, Liverpool NSW 2170
(Next to the Whitlam Centre & T-Way)

Email: youthcentre@inspirecommunity.org.au

Web: http://www.inspirecommunity.org.au

Facebook: https://www.facebook.com/inspirecomyc